

Sense-sational Pre Activity

Program at Nature Station: Sensory Adventure

Grade Level: K-2

Program Length:

Prep time: 10 minutes

Activity time: 15 minutes to one hour. (This depends on how many senses you use.)

Group size: Any

Setting: Classroom

Vocabulary and Concepts:

-People and animals have five senses: touch, taste, sight, hearing and smell. These five senses are used by people and animals to help them survive.

Materials:

Hearing: no materials

Taste: no materials

Touch: no materials

Smell: small container with something inside that smells (vanilla extract on cotton balls or mouthwash on cotton balls)

Sight: no materials

Procedure:

Hearing- “Fist Full of Sounds.” Have the children close their eyes and hold one hand up with all fingers opened. Next have them listen to the different sounds in the schoolroom. For each different sound they hear, have them put one finger down. When they have all their fingers down they have their fist full of sounds. Talk about the different sounds they heard. This can also be done outside.

Taste- Talk about taste after lunch. Ask the children what they ate and how it tasted. Also talk about different foods they like to taste and foods they do not like to taste.

Touch- “Desk Hunt.” Have the children choose five different objects from their desk and lay them out in a row. When they are ready say one “feeling” word (bumpy, hard, soft, smooth, etc.) and have them touch their objects to see if they match that word. If they have an object that matches the “feeling” word have them hold it up for everyone to see.

Smell- “Smell Container.” Tell the children that you have something that smells and when they can smell it they raise their hand. Now tell them to close their eyes and then open the container at the front of the room. The first rows should smell it first and then towards the back last.

Sight- Ask the children what they use their eyes for. Talk about how it would be hard to be an animal in the woods if they could not see. Why would it be hard? Could they find food? What other things would they need sight for?